

- Using preventative and natural therapy's to deal with stress , injury, and illness in the workplace



Reducing absenteeism in the workplace

Presented by:
Glyn Prendergast
Managing Director
Greenway Health Ltd



THE PROBLEM

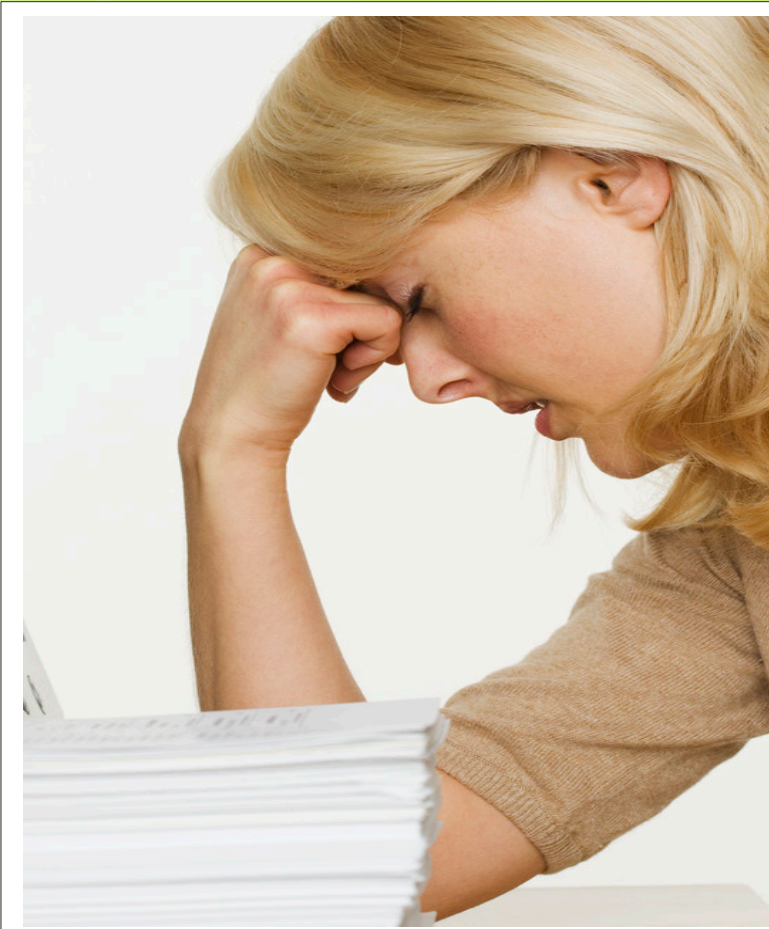
STRESS

BACKS

CARDIAC

SMOKING

DIABETES



STRESS

13.4 million work days a year
lost to stress in Britain today

WORK

HOME

FAMILY

FINANCE



BAD BACKS

12.3 million
work days lost
to bad back
problems



CARDIAC

1 in 4 adults in Britain have high blood pressure leading to an estimated £1 billion pounds cost to commerce due to absenteeism

Contributing factors are

DIET

EXERCISE

SMOKING

STRESS



SMOKING

9 DAYS PER ANNUM LOST
DIRECTLY DUE TO THIS ACTIVITY

Costs UK business £2.1 billion in
time off through smoking
related ill health



DIABETES

DIET

LEADS TO OBESITY

WHICH IS THE PRIMARY
CONTRIBUTING FACTOR OF
TYPE II DIABETES

THE SOLUTION

Prevention

Is better than cure

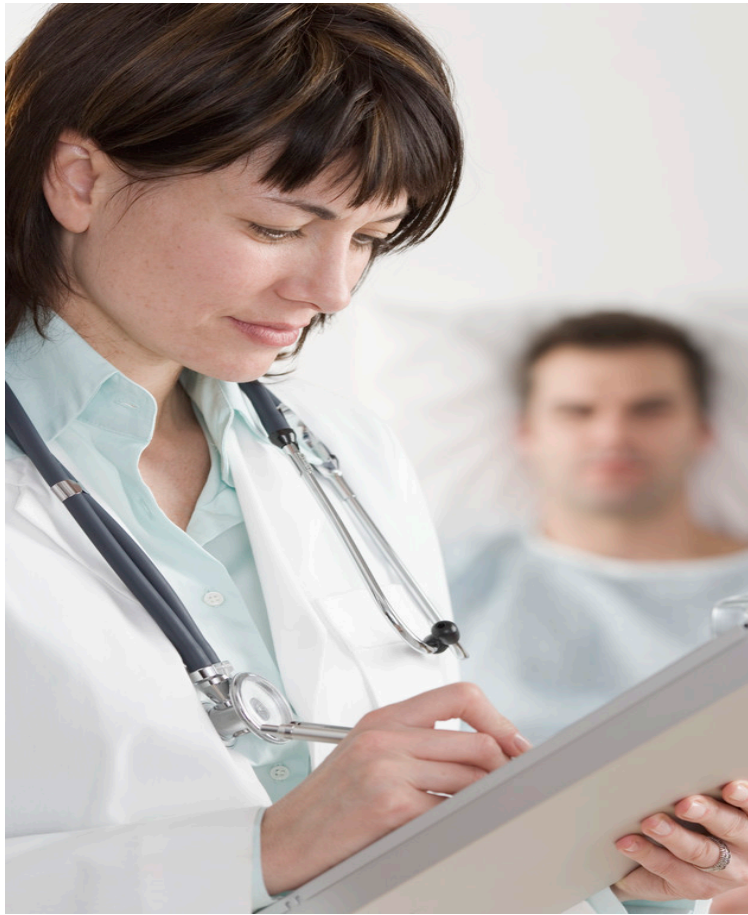
Cure

Is better than long term absenteeism



PREVENTION

- Advice
- Education
- Resources
- Stability



CURE

- Consultants
- Practitioners
- Resources



Thank You

**Providing natural health solutions for the
nations working population**